

# IAM

## MINI SESSION

## AGES 7+ YEARS

### JUNE 8 - JULY 2



**MONDAYS**  
**4:30 - 5:30**  
**AGES 7-10 YEARS**

### ***ACRO/CONTEMPORARY LEVEL 2***

ACRO / CONTEMPORARY LEVEL 2 BLENDS TECHNICAL ACROBATIC TRAINING WITH EXPRESSIVE CONTEMPORARY MOVEMENT. DANCERS CONTINUE BUILDING STRENGTH, FLEXIBILITY, AND CONTROL IN THEIR ACRO SKILLS WHILE LEARNING TO CONNECT THOSE SKILLS SEAMLESSLY INTO FLUID, EMOTIONAL CHOREOGRAPHY.

**JOIN THIS CLASS TO BUILD**

CONTEMPORARY FOUNDATIONS FLEXIBILITY & FLOOR WORK

ACRO SKILLS

CONFIDENCE & SELF EXPRESSION



**MONDAYS**  
**6:30 - 7:30**  
**AGES 7+ YEARS**

### ***PRE-COMPANY TECHNIQUE***

PRE-COMPANY TECHNIQUE IS DESIGNED FOR DANCERS WHO ARE READY TO STRENGTHEN THEIR TECHNICAL FOUNDATION AND PREPARE FOR FUTURE COMPANY PLACEMENT. THIS CLASS FOCUSES ON DEVELOPING STRONG TECHNIQUE, PROPER ALIGNMENT, FLEXIBILITY, STRENGTH, AND PERFORMANCE QUALITY IN A FOCUSED AND TRAINING ENVIRONMENT THAT ENCOURAGES EACH STUDENT TO USE THEIR CONFIDENCE TO REACH THEIR GOALS!

**JOIN THIS CLASS TO BUILD**

STRENGTH & FLEXIBILITY

MUSICALITY

DEVELOPED TECHNIQUE

CONFIDENCE AND PREPARATION FOR IAM COMPANY



**THURSDAYS**  
**5:30 - 6:30**  
**AGES 7-10 YEARS**

### ***MOVE MORE: LEVEL 2 SAMPLER CLASS***

MOVE MORE: LEVEL 2 SAMPLER IS THE PERFECT CLASS FOR DANCERS WHO WANT TO EXPLORE MULTIPLE STYLES WHILE CONTINUING TO BUILD STRONG FOUNDATIONAL SKILLS. OVER THE COURSE OF FOUR WEEKS, DANCERS WILL EXPERIENCE A NEW STYLE OF DANCE EACH WEEK — GIVING THEM THE OPPORTUNITY TO DISCOVER WHAT THEY LOVE WHILE GROWING IN VERSATILITY AND CONFIDENCE.

**JOIN THIS CLASS TO BUILD**

STRENGTH & FLEXIBILITY

MUSICALITY

SELF CONFIDENCE

FOUNDATIONAL SKILLS IN MULTIPLE STYLES