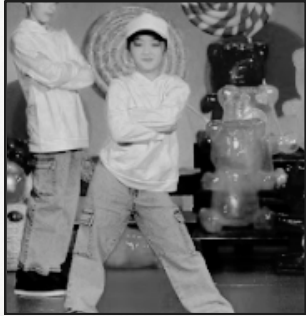


IAM

SUMMER SESSION

Level 1 Classes (7-9 YEARS)

JULY 6 - AUGUST 16



Mondays

4-5

AGES 7-9 YEARS

HOME BASE STUDIO

LEVEL 1 HIP-HOP

HIP-HOP LEVEL 1 INTRODUCES DANCERS TO THE FUNDAMENTALS OF HIP-HOP IN A FUN, HIGH-ENERGY ENVIRONMENT. DANCERS WILL LEARN FOUNDATIONAL GROOVES, BASIC FOOTWORK, AND INTRODUCTORY HIP-HOP TECHNIQUE WHILE BUILDING COORDINATION, RHYTHM, AND MUSICALITY. THIS IS A GREAT INTO TO DANCE IN GENERAL TO BUILD CONFIDENCE AND IN-STUDIO RELATIONSHIPS, LISTENING SKILLS, AND OVERALL STRENGTH AND COORDINATION

JOIN THIS CLASS TO BUILD

FOUNDATIONAL HIP-HOP SKILLS

BALANCE, COORDINATION, & FLEXIBILITY

MUSICALITY



MONDAYS

6:30 - 7:30

AGES 7-9 YEARS

STUDIO G

LEVEL 1 ACRO/TUMBLE

ACRO LEVEL 1 INTRODUCES DANCERS TO THE EXCITING BLEND OF DANCE AND ACROBATICS IN A FUN, SUPPORTIVE ENVIRONMENT. DANCERS WILL BUILD FOUNDATIONAL ACRO SKILLS LIKE ROLLS, BRIDGES, CARTWHEELS, AND BASIC BALANCES.

JOIN THIS CLASS TO BUILD

COORDINATION & BALANCE

ACRO & TUMBLING SKILLS

FLEXIBILITY & MOTOR CONTROL

CONFIDENCE AND INDEPENDENCE IN THE STUDIO ENVIRONMENT

ACRO CLASS PLACEMENT MAY BE DETERMINED BY SKILL RATHER THAN AGE BRACKET



TUESDAYS

4-5

AGES 7-9 YEARS

HOME BASE STUDIO

LEVEL 1 CONTEMPORARY/LYRICAL

INTRODUCES DANCERS TO THE EXPRESSIVE SIDE OF MOVEMENT, BLENDING ELEMENTS OF BALLET AND JAZZ WITH EMOTIONAL STORYTELLING. DANCERS WILL FOCUS ON FOUNDATIONAL TECHNIQUE, FLUID TRANSITIONS, MUSICALITY, AND CONNECTING MOVEMENT WITH FEELING.

JOIN THIS CLASS TO BUILD

EXPRESSIVE MOVEMENT

MUSICALITY

FOUNDATIONAL DANCE STEPS

NEW MOTOR SKILLS, COORDINATION & BALANCE



TUESDAYS **5-6**

AGES 7-9 YEARS
HOME BASE STUDIO

LEVEL 1 BALLET

BALLET LEVEL 1 INTRODUCES DANCERS TO THE FOUNDATIONS OF CLASSICAL TECHNIQUE IN A STRUCTURED AND SUPPORTIVE ENVIRONMENT. DANCERS BEGIN LEARNING PROPER PLACEMENT, BASIC VOCABULARY, AND SIMPLE COMBINATIONS WHILE BUILDING STRENGTH, COORDINATION, AND CONFIDENCE.

JOIN THIS CLASS TO BUILD

BALLET TERMINOLOGY

COORDINATION & MUSICALITY

COORDINATION, MUSICALITY, & CLASSROOM ETIQUETTE

WE HIGHLY RECOMMEND PAIRING THIS CLASS WITH OPEN FLEXIBILITY ON MONDAYS 6-7PM



THURSDAYS

4:30 - 5:30

AGES 7-9 YEARS
HOME BASE STUDIO

LEVEL 1 TAP

INTRODUCES DANCERS TO THE FUNDAMENTALS OF RHYTHM TAP IN A FUN AND ENGAGING ENVIRONMENT. DANCERS WILL LEARN BASIC TAP VOCABULARY, TIMING, AND COORDINATION WHILE DEVELOPING MUSICALITY AND CLEAR, CONFIDENT SOUNDS. THIS CLASS FOCUSES ON BUILDING STRONG FOUNDATIONAL SKILLS THROUGH RHYTHMIC EXERCISES AND SHORT COMBINATIONS.

JOIN THIS CLASS TO BUILD

FOUNDATIONAL TAP SKILLS

COORDINATION & MUSICALITY

DANCE-FOCUSED UNDERSTANDING OF MUSIC THEORY

WE HIGHLY RECOMMEND PAIRING THIS CLASS WITH LEVEL 1 BALLET OR JAZZ FOR IMPROVED COORDINATION



THURSDAYS

5-6

AGES 7-9 YEARS
HOME BASE STUDIO

LEVEL 1 JAZZ

FOCUS ON BUILDING STRONG FOUNDATIONAL JAZZ TECHNIQUE WHILE DEVELOPING COORDINATION, FLEXIBILITY, AND PERFORMANCE QUALITY. DANCERS WILL LEARN BASIC JAZZ MOVEMENTS LIKE KICKS, TURNS, AND JUMPS WHILE EXPLORING MUSICALITY AND STYLE THROUGH UPBEAT COMBINATIONS. THIS CLASS ENCOURAGES CONFIDENCE, ENERGY, AND EXPRESSIVE MOVEMENT.

JOIN THIS CLASS TO BUILD

FOUNDATIONAL JAZZ SKILLS

BALANCE, COORDINATION, & FLEXIBILITY

SELF-CONFIDENCE & HIGH ENERGY MOVEMENT

WE HIGHLY RECOMMEND PAIRING THIS CLASS WITH OPEN FLEXIBILITY ON MONDAYS AND EITHER BALLET OR TAP FOR IMPROVED DANCE FOUNDATIONS

SUMMER SESSION



Level 2 Classes (8-10 YEARS)

Instructor recommendation may be required

JULY 6 - AUGUST 16



MONDAY

5-6

AGES 8 - 10 YEARS

HOME BASE STUDIO

LEVEL 2 HIP-HOP

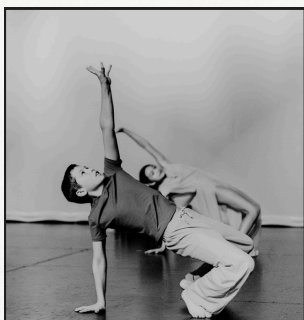
BUILDS ON FOUNDATIONAL GROOVES AND INTRODUCES MORE COMPLEX CHOREOGRAPHY, MUSICALITY, AND PERFORMANCE QUALITY IN AN UPBEAT, HIGH-ENERGY ENVIRONMENT.

JOIN THIS CLASS TO BUILD

MORE ADVANCED FOOTWORK COORDINATION & MUSICALITY

STRENGTH, FLEXIBILITY, AND BASIC BREAKING SKILLS

WE HIGHLY RECOMMEND PAIRING THIS CLASS WITH OPEN FLEXIBILITY ON MONDAYS 6-7PM



MONDAYS

4-5

AGES 8 - 10 YEARS

HOME BASE STUDIO

LEVEL 2 CONTEMPORARY/LYRICAL

BLENDS TECHNIQUE AND EMOTION AS DANCERS EXPLORE FLUID MOVEMENT, STORYTELLING, AND MUSICALITY THROUGH EXPRESSIVE CHOREOGRAPHY THAT IS BUILT UPON NEW TURNS, JUMPS, FLOOR WORK, AND TRAVELING SEQUENCES.

JOIN THIS CLASS TO BUILD

FLOOR WORK, MUSICALITY, AND STRENGTH

EXPRESSIVE MOVEMENT AND STORY TELLING

NEW LEAPS & TURNS

WE HIGHLY RECOMMEND PAIRING THIS CLASS WITH OPEN FLEXIBILITY ON MONDAYS 6-7PM



TUESDAYS

5-6

AGES 8 - 10 YEARS

HOME BASE STUDIO

LEVEL 2 JAZZ

EXPANDS ON JAZZ FUNDAMENTALS WITH SHARPER TECHNIQUE, INCREASED FLEXIBILITY, AND DYNAMIC CHOREOGRAPHY THAT BUILDS PERFORMANCE SKILLS.

JOIN THIS CLASS TO BUILD

NEW LEAPS & TURNS BROADER JAZZ VOCABULARY

INCREASED MUSICALITY & COORDINATION

WE HIGHLY RECOMMEND PAIRING THIS CLASS WITH OPEN FLEXIBILITY ON MONDAYS OR LEVEL 2 BALLET ON TUESDAYS



TUESDAYS

6 - 7:30

AGES 8 - 10 YEARS

HOME BASE STUDIO

LEVEL 2 BALLET

CONTINUES DEVELOPING CLASSICAL TECHNIQUE WITH A FOCUS ON STRENGTH, ALIGNMENT, AND MORE COMPLEX COMBINATIONS AT BARRE AND CENTER.

JOIN THIS CLASS TO BUILD

ARTISTRY & MUSICALITY

BROADER BALLET VOCABULARY

INCREASED STRENGTH & FLEXIBILITY

WE HIGHLY RECOMMEND PAIRING THIS CLASS WITH OPEN FLEXIBILITY ON MONDAYS 6 - 7PM



THURSDAYS

4 - 5

AGES 8 - 10 YEARS

HOME BASE STUDIO

LEVEL 2 ACRO

DEVELOPS STRENGTH, FLEXIBILITY, AND CONTROL WHILE PROGRESSING FOUNDATIONAL ACRO SKILLS WITH A FOCUS ON SAFE TECHNIQUE AND CLEAN EXECUTION.

JOIN THIS CLASS TO BUILD

NEW ACRO PROGRESSIONS & SKILLS

INCREASED STRENGTH & FLEXIBILITY

SKILL IN ACRO BASED CHOREOGRAPHY

WE HIGHLY RECOMMEND PAIRING THIS CLASS WITH OPEN FLEXIBILITY ON MONDAYS 6 - 7PM

ACRO CLASS PLACEMENT MAY BE DETERMINED BY SKILL RATHER THAN AGE BRACKET



THURSDAYS

5-6

AGES 8 - 10 YEARS

HOME BASE STUDIO

LEVEL 2 TAP

BUILDS RHYTHMIC ACCURACY AND COORDINATION THROUGH MORE INTRICATE FOOTWORK, PATTERNS, AND MUSICAL TIMING.

JOIN THIS CLASS TO BUILD

INCREASED MUSICALITY

BROADER TAP VOCABULARY

PROGRESSIVE TAP STEPS & SEQUENCES

WE HIGHLY RECOMMEND PAIRING THIS CLASS WITH A BALLET OR JAZZ CLASS FOR INCREASED COORDINATION



Level 3 Classes 10+ years & Beginning Level Teens
SUMMER SESSION



MONDAYS

5-6

AGES 10 - 18 YEARS

HOME BASE STUDIO

LEVEL 3 CONTEMPORARY/LYRICAL

BLENDS TECHNIQUE AND EMOTION AS DANCERS EXPLORE FLUID MOVEMENT, STORYTELLING, AND MUSICALITY THROUGH EXPRESSIVE CHOREOGRAPHY THAT IS BUILT UPON NEW TURNS, JUMPS, FLOOR WORK, AND TRAVELING SEQUENCES.

JOIN THIS CLASS TO BUILD

FLOOR WORK, MUSICALITY, AND STRENGTH

EXPRESSIVE MOVEMENT AND STORY TELLING

NEW LEAPS & TURNS

WE HIGHLY RECOMMEND PAIRING THIS CLASS WITH OPEN FLEXIBILITY ON MONDAYS 6-7PM OR A BALLET CLASS



MONDAY

6-7

AGES 10 - 18 YEARS

HOME BASE STUDIO

LEVEL 3 HIP-HOP

BUILDS ON FOUNDATIONAL GROOVES AND INTRODUCES MORE COMPLEX CHOREOGRAPHY, MUSICALITY, AND PERFORMANCE QUALITY IN AN UPBEAT, HIGH-ENERGY ENVIRONMENT.

JOIN THIS CLASS TO BUILD

MORE ADVANCED FOOTWORK COORDINATION & MUSICALITY

STRENGTH, FLEXIBILITY, AND BASIC BREAKING SKILLS

WE HIGHLY RECOMMEND PAIRING THIS CLASS WITH OPEN FLEXIBILITY ON MONDAYS 6-7PM



THURSDAY

6-7

AGES 10 - 18 YEARS

HOME BASE STUDIO

LEVEL 3 JAZZ

EXPANDS ON JAZZ FUNDAMENTALS WITH SHARPER TECHNIQUE, INCREASED FLEXIBILITY, AND DYNAMIC CHOREOGRAPHY THAT BUILDS PERFORMANCE SKILLS.

JOIN THIS CLASS TO BUILD

NEW LEAPS & TURNS BROADER JAZZ VOCABULARY

INCREASED MUSICALITY & COORDINATION

WE HIGHLY RECOMMEND PAIRING THIS CLASS WITH OPEN FLEXIBILITY ON MONDAYS 6-7 OR A BALLET OR LYRICAL CLASS



THURSDAY

7-8:30

**AGES 10 - 18 YEARS
HOME BASE STUDIO**

LEVEL 3 BALLET

CONTINUES DEVELOPING CLASSICAL TECHNIQUE WITH A FOCUS ON STRENGTH, ALIGNMENT, AND MORE COMPLEX COMBINATIONS AT BARRE AND CENTER.

JOIN THIS CLASS TO BUILD

ARTISTRY & STRENGTH

INCREASE BALLET VOCABULARY

COORDINATION & MUSICALITY

WE HIGHLY RECOMMEND PAIRING THIS CLASS WITH OPEN FLEXIBILITY ON MONDAYS 6-7 OR A TAP OR JAZZ CLASS

OPEN LEVEL CLASS FOR AGES 7 - 18 YEARS



MONDAY

6-7

**AGES 7-18 YEARS
HOME BASE STUDIO**

OPEN LEVEL FLEXIBILITY

THIS CLASS IS BUILT TO INCREASE DANCERS STRENGTH AND FLEXIBILITY IN A SUPPORTIVE ENVIRONMENT THAT UTILIZES STRETCHING TECHNIQUES THAT IMPROVE OVERALL DANCE SKILL, MUSCULAR CONTROL, AND COORDINATION.

JOIN THIS CLASS TO BUILD

**INCREASED FLEXIBILITY & STRENGTH TO
SUPPLEMENT OTHER DANCE STYLES**

EMAIL US AT ADMIN@CONTACTIAM.COM

OR

**FILL OUT THE CONTACT US FORM - WE ARE
HAPPY TO HELP!**