



MINI SESSION

TEEN CLASSES

JUNE 8 - JULY 2



TEEN HIP-HOP/FUNK

TEEN HIP-HOP FUNK IS A HIGH-ENERGY CLASS DESIGNED FOR DANCERS WHO WANT TO BUILD CONFIDENCE, PERFORMANCE QUALITY, AND STRONG FOUNDATIONAL HIP-HOP AND JAZZ TECHNIQUE IN A EXPRESSIVE ENVIRONMENT. THIS CLASS BLENDS GROOVE, MUSICALITY, AND STYLIZED CHOREOGRAPHY

JOIN THIS CLASS TO BUILD

HIP-HOP & JAZZ SKILLS

FLEXIBILITY & STRENGTH

MUSICALITY

CONFIDENCE & SELF EXPRESSION

MONDAYS
5:30 - 6:30
AGES 10+ YEARS



TEEN BALLET

TEEN BALLET IS DESIGNED FOR DANCERS READY TO DEEPEN THEIR TECHNICAL FOUNDATION, STRENGTH, AND ARTISTRY THROUGH CLASSICAL TRAINING. THIS CLASS EMPHASIZES PROPER ALIGNMENT, CONTROL, FLEXIBILITY, AND MUSICALITY WHILE CULTIVATING DISCIPLINE AND GRACE IN A SUPPORTIVE, POSITIVE AND ENCOURAGING ENVIRONMENT.

JOIN THIS CLASS TO BUILD

STRENGTH & FLEXIBILITY

DEVELOPED BALLET TECHNIQUE

MUSICALITY, BALLET VOCABULARY, & SELF CONFIDENCE

MONDAYS
6:30 - 7:30
AGES 10+ YEARS



PRE-COMPANY TECHNIQUE

PRE-COMPANY TECHNIQUE IS DESIGNED FOR DANCERS WHO ARE READY TO STRENGTHEN THEIR TECHNICAL FOUNDATION AND PREPARE FOR FUTURE COMPANY PLACEMENT. THIS CLASS FOCUSES ON DEVELOPING STRONG TECHNIQUE, PROPER ALIGNMENT, FLEXIBILITY, STRENGTH, AND PERFORMANCE QUALITY IN A FOCUSED AND TRAINING ENVIRONMENT THAT ENCOURAGES EACH STUDENT TO USE THEIR CONFIDENCE TO REACH THEIR GOALS!

JOIN THIS CLASS TO BUILD

STRENGTH & FLEXIBILITY

MUSICALITY

DEVELOPED TECHNIQUE

CONFIDENCE AND PREPARATION FOR IAM COMPANY

MONDAYS
6:30 - 7:30
AGES 7+ YEARS