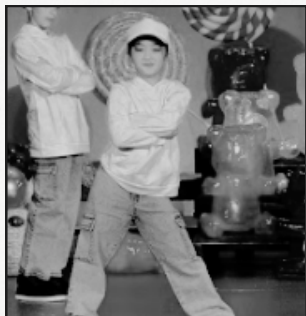




# FALL SESSION

SEP 8 - DEC 19

## Level 1 Classes (7-9 YEARS)



**MONDAYS**  
**4:30 - 5:30**  
**AGES 7-9 YEARS**  
**HOME BASE STUDIO**

### ***LEVEL 1 HIP-HOP***

HIP-HOP LEVEL 1 INTRODUCES DANCERS TO THE FUNDAMENTALS OF HIP-HOP IN A FUN, HIGH-ENERGY ENVIRONMENT. DANCERS WILL LEARN FOUNDATIONAL GROOVES, BASIC FOOTWORK, AND INTRODUCTORY HIP-HOP TECHNIQUE WHILE BUILDING COORDINATION, RHYTHM, AND MUSICALITY. THIS IS A GREAT INTRO TO DANCE IN GENERAL TO BUILD CONFIDENCE AND IN-STUDIO RELATIONSHIPS, LISTENING SKILLS, AND OVERALL STRENGTH AND COORDINATION

#### ***JOIN THIS CLASS TO BUILD***

FOUNDATIONAL HIP-HOP SKILLS

BALANCE, COORDINATION, & FLEXIBILITY

MUSICALITY



**WEDNESDAYS**  
**5:30 - 6:30**  
**AGES 7-9 YEARS**  
**STUDIO G**

### ***LEVEL 1/2 ACRO***

ACRO LEVEL 1 INTRODUCES DANCERS TO THE EXCITING BLEND OF DANCE AND ACROBATICS IN A FUN, SUPPORTIVE ENVIRONMENT. DANCERS WILL BUILD FOUNDATIONAL ACRO SKILLS LIKE ROLLS, BRIDGES, CARTWHEELS, AND BASIC BALANCES.

#### ***JOIN THIS CLASS TO BUILD***

COORDINATION & BALANCE

ACRO & TUMBLING SKILLS

FLEXIBILITY & MOTOR CONTROL

CONFIDENCE AND INDEPENDENCE IN THE STUDIO ENVIRONMENT

***ACRO CLASS PLACEMENT MAY BE DETERMINED BY SKILL RATHER THAN AGE***



**WEDNESDAYS**  
**6:30 - 7:30**  
**AGES 7-9 YEARS**  
**STUDIO G**

### ***LEVEL 1 BALLET***

BALLET LEVEL 1 INTRODUCES DANCERS TO THE FOUNDATIONS OF CLASSICAL TECHNIQUE IN A STRUCTURED AND SUPPORTIVE ENVIRONMENT. DANCERS BEGIN LEARNING PROPER PLACEMENT, BASIC VOCABULARY, AND SIMPLE COMBINATIONS WHILE BUILDING STRENGTH, COORDINATION, AND CONFIDENCE.

#### ***JOIN THIS CLASS TO BUILD***

BALLET TERMINOLOGY

COORDINATION & MUSICALITY

COORDINATION, MUSICALITY, & CLASSROOM ETIQUETTE



**THURSDAYS**

**4:30 - 5:30**

**AGES 7-9 YEARS  
HOME BASE STUDIO**

## ***LEVEL 1 JAZZ***

FOCUSES ON BUILDING STRONG FOUNDATIONAL JAZZ TECHNIQUE WHILE DEVELOPING COORDINATION, FLEXIBILITY, AND PERFORMANCE QUALITY. DANCERS WILL LEARN BASIC JAZZ MOVEMENTS LIKE KICKS, TURNS, AND JUMPS WHILE EXPLORING MUSICALITY AND STYLE THROUGH UPBEAT COMBINATIONS. THIS CLASS ENCOURAGES CONFIDENCE, ENERGY, AND EXPRESSIVE MOVEMENT.

### ***JOIN THIS CLASS TO BUILD***

FOUNDATIONAL JAZZ SKILLS    BALANCE, COORDINATION, & FLEXIBILITY

SELF-CONFIDENCE & HIGH ENERGY MOVEMENT

***WE HIGHLY RECOMMEND PAIRING THIS CLASS WITH LEVEL 1 BALLET OR TAP FOR IMPROVED TECHNICAL FOUNDATIONS***



**THURSDAYS**

**5:30 - 6:15**

**AGES 7-9 YEARS  
HOME BASE STUDIO**

## ***LEVEL 1 TAP***

INTRODUCES DANCERS TO THE FUNDAMENTALS OF RHYTHM TAP IN A FUN AND ENGAGING ENVIRONMENT. DANCERS WILL LEARN BASIC TAP VOCABULARY, TIMING, AND COORDINATION WHILE DEVELOPING MUSICALITY AND CLEAR, CONFIDENT SOUNDS. THIS CLASS FOCUSES ON BUILDING STRONG FOUNDATIONAL SKILLS THROUGH RHYTHMIC EXERCISES AND SHORT COMBINATIONS.

### ***JOIN THIS CLASS TO BUILD***

FOUNDATIONAL TAP SKILLS    COORDINATION & MUSICALITY

DANCE-FOCUSED UNDERSTANDING OF MUSIC THEORY

***WE HIGHLY RECOMMEND PAIRING THIS CLASS WITH LEVEL 1 BALLET OR JAZZ FOR IMPROVED COORDINATION***



**THURSDAYS**

**6:30 - 7:30**

**AGES 7-9 YEARS  
HOME BASE STUDIO**

## ***LEVEL 1 BALLET***

BALLET LEVEL 1 INTRODUCES DANCERS TO THE FOUNDATIONS OF CLASSICAL TECHNIQUE IN A STRUCTURED AND SUPPORTIVE ENVIRONMENT. DANCERS BEGIN LEARNING PROPER PLACEMENT, BASIC VOCABULARY, AND SIMPLE COMBINATIONS WHILE BUILDING STRENGTH, COORDINATION, AND CONFIDENCE.

### ***JOIN THIS CLASS TO BUILD***

BALLET TERMINOLOGY

COORDINATION & MUSICALITY

COORDINATION, MUSICALITY, & CLASSROOM ETIQUETTE



# FALL SESSION

SEP 8 - DEC 19

## Level 2 Classes (8-10 YEARS)



**MONDAYS**

**4:30 - 5:30**

**AGES 8 - 10 YEARS**

**HOME BASE STUDIO**

### ***LEVEL 2 BALLET***

CONTINUES DEVELOPING CLASSICAL TECHNIQUE WITH A FOCUS ON STRENGTH, ALIGNMENT, AND MORE COMPLEX COMBINATIONS AT BARRE AND CENTER.

***JOIN THIS CLASS TO BUILD***

ARTISTRY & MUSICALITY

BROADER BALLET VOCABULARY

INCREASED STRENGTH & FLEXIBILITY

***WE HIGHLY RECOMMEND PAIRING THIS CLASS WITH LEVEL 2 CONTEMPORARY FOR IMPROVED ARTISTRY & FOUNDATIONS***



**MONDAYS**

**5:30 - 6:30**

**AGES 8 - 10 YEARS**

**HOME BASE STUDIO**

### ***LEVEL 2 HIP-HOP***

BUILDS ON FOUNDATIONAL GROOVES AND INTRODUCES MORE COMPLEX CHOREOGRAPHY, MUSICALITY, AND PERFORMANCE QUALITY IN AN UPBEAT, HIGH-ENERGY ENVIRONMENT.

***JOIN THIS CLASS TO BUILD***

MORE ADVANCED FOOTWORK

COORDINATION & MUSICALITY

STRENGTH, FLEXIBILITY, AND BASIC BREAKING SKILLS



**MONDAYS**

**7:00 - 8:00**

**AGES 8 - 10 YEARS**

**HOME BASE STUDIO**

### ***LEVEL 2 CONTEMPORARY***

BLENDS TECHNIQUE AND EMOTION AS DANCERS EXPLORE FLUID MOVEMENT, STORYTELLING, AND MUSICALITY THROUGH EXPRESSIVE CHOREOGRAPHY THAT IS BUILT UPON NEW TURNS, JUMPS, FLOOR WORK, AND TRAVELING SEQUENCES.

***JOIN THIS CLASS TO BUILD***

FLOOR WORK, MUSICALITY, AND STRENGTH

EXPRESSIVE MOVEMENT AND STORY TELLING

NEW LEAPS & TURNS

***WE HIGHLY RECOMMEND PAIRING THIS CLASS WITH LEVEL 2 BALLET FOR IMPROVED TECHNICAL FOUNDATIONS***



**TUESDAYS**

**4:15 - 5:15**

**AGES 8 - 10 YEARS**  
**HOME BASE STUDIO**

## ***LEVEL 2/3 ACRO***

DEVELOPS STRENGTH, FLEXIBILITY, AND CONTROL WHILE PROGRESSING FOUNDATIONAL ACRO SKILLS WITH A FOCUS ON SAFE TECHNIQUE AND CLEAN EXECUTION.

***JOIN THIS CLASS TO BUILD***

NEW ACRO PROGRESSIONS & SKILLS INCREASED STRENGTH & FLEXIBILITY

SKILL IN ACRO BASED CHOREOGRAPHY

***ACRO CLASS PLACEMENT MAY BE DETERMINED BY SKILL RATHER THAN AGE***



**TUESDAYS**

**5:15 - 5:45**

**AGES 7 - 10 YEARS**  
**HOME BASE STUDIO**

## ***PROGRESSIONS A***

THIS CLASS FOCUSES ON FOUNDATIONAL DANCE PROGRESSIONS INCLUDING TURNS, LEAPS, AND ACROSS THE FLOOR WORK

***JOIN THIS CLASS TO BUILD***

ACROSS THE FLOOR WORK STRONG TECHNICAL FOUNDATION

NEW SKILLS

***WE HIGHLY RECOMMEND PAIRING THIS CLASS A JAZZ OR CONTEMPORARY CLASS FOR IMPROVED TECHNICAL FOUNDATIONS***



**WEDNESDAYS**

**4:45 - 5:15**

**AGES 7 - 10 YEARS**  
**HOME BASE STUDIO**

## ***PROGRESSIONS A***

THIS CLASS FOCUSES ON FOUNDATIONAL DANCE PROGRESSIONS INCLUDING TURNS, LEAPS, AND ACROSS THE FLOOR WORK

***JOIN THIS CLASS TO BUILD***

ACROSS THE FLOOR WORK STRONG TECHNICAL FOUNDATION

NEW SKILLS

***WE HIGHLY RECOMMEND PAIRING THIS CLASS A JAZZ OR CONTEMPORARY CLASS FOR IMPROVED TECHNICAL FOUNDATIONS***



**THURSDAYS**

**4:30 - 5:30**

**AGES 8 - 10 YEARS  
HOME BASE STUDIO**

## ***LEVEL 2 TAP***

BUILDS RHYTHMIC ACCURACY AND COORDINATION THROUGH MORE INTRICATE FOOTWORK, PATTERNS, AND MUSICAL TIMING.

***JOIN THIS CLASS TO BUILD***

INCREASED MUSICALITY

BROADER TAP VOCABULARY

PROGRESSIVE TAP STEPS & SEQUENCES

***WE HIGHLY RECOMMEND PAIRING THIS CLASS WITH A BALLET OR JAZZ CLASS FOR INCREASED COORDINATION***



**THURSDAYS**

**5:30 - 6:30**

**AGES 8 - 10 YEARS  
HOME BASE STUDIO**

## ***LEVEL 2 JAZZ***

EXPANDS ON JAZZ FUNDAMENTALS WITH SHARPER TECHNIQUE, INCREASED FLEXIBILITY, AND DYNAMIC CHOREOGRAPHY THAT BUILDS PERFORMANCE SKILLS.

***JOIN THIS CLASS TO BUILD***

NEW LEAPS & TURNS

BROADER JAZZ VOCABULARY

INCREASED MUSICALITY & COORDINATION

***WE HIGHLY RECOMMEND PAIRING THIS CLASS WITH LEVEL 2 BALLET OR TAP FOR IMPROVED TECHNICAL FOUNDATIONS***



# FALL SESSION SEP 8 - DEC 19

Level 3/4 Classes (10+ / INSTRUCTOR PERMISSION)



**MONDAYS**

**5:30 - 7:00**

**AGES 13 - 18 YEARS  
HOME BASE STUDIO**

## ***LEVEL 4 BALLET***

CONTINUES DEVELOPING CLASSICAL TECHNIQUE WITH A FOCUS ON STRENGTH, ALIGNMENT, AND MORE COMPLEX COMBINATIONS AT BARRE AND CENTER.

***JOIN THIS CLASS TO BUILD***

ARTISTRY & STRENGTH

INCREASE BALLET VOCABULARY

COORDINATION & MUSICALITY

***INSTRUCTOR PERMISSION MAY BE REQUIRED TO JOIN CLASS***



**MONDAYS**

**6:50 - 7:50**

**AGES 10 - 18 YEARS  
HOME BASE STUDIO**

## ***LEVEL 3 HIP-HOP***

BUILDS ON FOUNDATIONAL GROOVES AND INTRODUCES MORE COMPLEX CHOREOGRAPHY, MUSICALITY, AND PERFORMANCE QUALITY IN AN UPBEAT, HIGH-ENERGY ENVIRONMENT.

***JOIN THIS CLASS TO BUILD***

MORE ADVANCED FOOTWORK

COORDINATION & MUSICALITY

STRENGTH, FLEXIBILITY, AND BASIC BREAKING SKILLS



**MONDAYS**

**8:00 - 9:00**

**AGES 10 - 18 YEARS  
HOME BASE STUDIO**

## ***LEVEL 3/4 ACRO***

DEVELOPS STRENGTH, FLEXIBILITY, AND CONTROL WHILE PROGRESSING FOUNDATIONAL ACRO SKILLS WITH A FOCUS ON SAFE TECHNIQUE AND CLEAN EXECUTION.

***JOIN THIS CLASS TO BUILD***

NEW ACRO PROGRESSIONS & SKILLS

INCREASED STRENGTH & FLEXIBILITY

SKILL IN ACRO BASED CHOREOGRAPHY

***ACRO CLASS PLACEMENT MAY BE DETERMINED BY SKILL RATHER THAN AGE***



**TUESDAYS**

**3:00 - 3:45**

**AGES 13 - 18 YEARS  
HOME BASE STUDIO**

## ***LEVEL 4 CROSS TRAINING***

COMBINE CARDIO, STRENGTH, AND ENDURANCE EXERCISES TO PROVIDE A FULL-BODY WORKOUT THAT IMPROVES OVERALL FITNESS AND ATHLETIC PERFORMANCE

***JOIN THIS CLASS TO BUILD***

STRENGTH & FLEXIBILITY

INJURY PREVENTION FOCUS

ACTIVE RECOVERY TECHNIQUES

***INSTRUCTOR PERMISSION MAY BE REQUIRED TO JOIN CLASS***



**TUESDAYS**

**3:45 - 4:15**

**AGES 10 - 18 YEARS  
HOME BASE STUDIO**

## ***PROGRESSIONS B***

THIS CLASS FOCUSES ON FOUNDATIONAL DANCE PROGRESSIONS INCLUDING TURNS, LEAPS, AND ACROSS THE FLOOR WORK

***JOIN THIS CLASS TO BUILD***

ACROSS THE FLOOR WORK

STRONG TECHNICAL FOUNDATION

NEW SKILLS

***WE HIGHLY RECOMMEND PAIRING THIS CLASS A JAZZ OR CONTEMPORARY CLASS FOR IMPROVED TECHNICAL FOUNDATIONS***

***INSTRUCTOR PERMISSION MAY BE REQUIRED TO JOIN CLASS***



**TUESDAYS**

**6:30 - 7:30**

**AGES 13 - 18 YEARS  
HOME BASE STUDIO**

## ***LEVEL 4 CONTEMPORARY***

BLENDS TECHNIQUE AND EMOTION AS DANCERS EXPLORE FLUID MOVEMENT, STORYTELLING, AND MUSICALITY THROUGH EXPRESSIVE CHOREOGRAPHY THAT IS BUILT UPON NEW TURNS, JUMPS, FLOOR WORK, AND TRAVELING SEQUENCES.

***JOIN THIS CLASS TO BUILD***

FLOOR WORK, MUSICALITY, AND STRENGTH

EXPRESSIVE MOVEMENT AND STORY TELLING

NEW LEAPS & TURNS

***WE HIGHLY RECOMMEND PAIRING THIS CLASS A BALLET OR JAZZ CLASS FOR IMPROVED TECHNICAL FOUNDATIONS***

***INSTRUCTOR PERMISSION MAY BE REQUIRED TO JOIN CLASS***



**TUESDAYS**

**6:45 - 7:30**

**AGES 13 - 18 YEARS**  
**HOME BASE STUDIO**

## ***LEVEL 4 JAZZ***

EXPANDS ON JAZZ FUNDAMENTALS WITH SHARPER TECHNIQUE, INCREASED FLEXIBILITY, AND DYNAMIC CHOREOGRAPHY THAT BUILDS PERFORMANCE SKILLS.

### ***JOIN THIS CLASS TO BUILD***

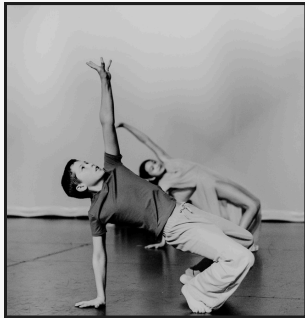
NEW LEAPS & TURNS

BROADER JAZZ VOCABULARY

INCREASED MUSICALITY & COORDINATION

***WE HIGHLY RECOMMEND PAIRING THIS CLASS A BALLET OR TAP CLASS FOR IMPROVED TECHNICAL FOUNDATIONS***

***INSTRUCTOR PERMISSION MAY BE REQUIRED TO JOIN CLASS***



**TUESDAYS**

**7:50 - 8:35**

**AGES 10 - 18 YEARS**  
**HOME BASE STUDIO**

## ***LEVEL 3 CONTEMPORARY***

BLENDS TECHNIQUE AND EMOTION AS DANCERS EXPLORE FLUID MOVEMENT, STORYTELLING, AND MUSICALITY THROUGH EXPRESSIVE CHOREOGRAPHY THAT IS BUILT UPON NEW TURNS, JUMPS, FLOOR WORK, AND TRAVELING SEQUENCES.

### ***JOIN THIS CLASS TO BUILD***

FLOOR WORK, MUSICALITY, AND STRENGTH

EXPRESSIVE MOVEMENT AND STORY TELLING

NEW LEAPS & TURNS

***WE HIGHLY RECOMMEND PAIRING THIS CLASS A BALLET OR JAZZ CLASS FOR IMPROVED TECHNICAL FOUNDATIONS***



**TUESDAYS**

**7:30 - 8:30**

**AGES 10 - 18 YEARS**  
**HOME BASE STUDIO**

## ***LEVEL 3/4 ACRO***

DEVELOPS STRENGTH, FLEXIBILITY, AND CONTROL WHILE PROGRESSING FOUNDATIONAL ACRO SKILLS WITH A FOCUS ON SAFE TECHNIQUE AND CLEAN EXECUTION.

### ***JOIN THIS CLASS TO BUILD***

NEW ACRO PROGRESSIONS & SKILLS INCREASED STRENGTH & FLEXIBILITY

SKILL IN ACRO BASED CHOREOGRAPHY

***ACRO CLASS PLACEMENT MAY BE DETERMINED BY SKILL RATHER THAN AGE***



**WEDNESDAYS**

**3:00 - 3:45**

**AGES 13 - 18 YEARS  
HOME BASE STUDIO**

## ***BALLET COMPANY WARM-UP LEVEL 4+***

CONTINUES DEVELOPING CLASSICAL TECHNIQUE WITH A FOCUS ON STRENGTH, ALIGNMENT, AND MORE COMPLEX COMBINATIONS AT BARRE AND CENTER.

### ***JOIN THIS CLASS TO BUILD***

COORDINATION & MUSICALITY INCREASE BALLET VOCABULARY

STRENGTH & TECHNICAL SKILLS

***WE HIGHLY RECOMMEND PAIRING THIS CLASS WITH A BALLET CLASS FOR IMPROVED TECHNICAL FOUNDATIONS***

***INSTRUCTOR PERMISSION MAY BE REQUIRED TO JOIN CLASS***



**WEDNESDAYS**

**3:45 - 4:15**

**AGES 13 - 18 YEARS  
HOME BASE STUDIO**

## ***GENRE 4/5***

FOCUS ON A VARIETY OF CHOREOGRAPHY ACROSS ALL GENRES THAT BUILD PERFORMANCE SKILLS.

### ***JOIN THIS CLASS TO BUILD***

VARIETY OF GENRES MEMORIZATION OF CHOREOGRAPHY

INCREASED MUSICALITY & COORDINATION

***WE HIGHLY RECOMMEND PAIRING THIS CLASS A JAZZ OR CONTEMPORARY CLASS FOR IMPROVED TECHNICAL FOUNDATIONS***

***INSTRUCTOR PERMISSION MAY BE REQUIRED TO JOIN CLASS***



**WEDNESDAYS**

**4:15 - 4:45**

**AGES 10 - 18 YEARS  
HOME BASE STUDIO**

## ***PROGRESSIONS B***

THIS CLASS FOCUSES ON FOUNDATIONAL DANCE PROGRESSIONS INCLUDING TURNS, LEAPS, AND ACROSS THE FLOOR WORK

### ***JOIN THIS CLASS TO BUILD***

ACROSS THE FLOOR WORK STRONG TECHNICAL FOUNDATION

NEW SKILLS

***WE HIGHLY RECOMMEND PAIRING THIS CLASS A JAZZ OR CONTEMPORARY CLASS FOR IMPROVED TECHNICAL FOUNDATIONS***

***INSTRUCTOR PERMISSION MAY BE REQUIRED TO JOIN CLASS***



**WEDNESDAYS**  
**7:00 - 8:00**

**AGES 13 - 18 YEARS**  
**HOME BASE STUDIO**

## ***LEVEL 4 HIP-HOP***

BUILDS ON FOUNDATIONAL GROOVES AND INTRODUCES MORE COMPLEX CHOREOGRAPHY, MUSICALITY, AND PERFORMANCE QUALITY IN AN UPBEAT, HIGH-ENERGY ENVIRONMENT.

***JOIN THIS CLASS TO BUILD***

**MORE ADVANCED FOOTWORK** **COORDINATION & MUSICALITY**

**STRENGTH, FLEXIBILITY, AND BASIC BREAKING SKILLS**

***INSTRUCTOR PERMISSION MAY BE REQUIRED TO JOIN CLASS***



**THURSDAYS**  
**3:30 - 4:30**

**AGES 10 - 18 YEARS**  
**HOME BASE STUDIO**

## ***LEVEL 3 JAZZ***

EXPANDS ON JAZZ FUNDAMENTALS WITH SHARPER TECHNIQUE, INCREASED FLEXIBILITY, AND DYNAMIC CHOREOGRAPHY THAT BUILDS PERFORMANCE SKILLS.

***JOIN THIS CLASS TO BUILD***

**NEW LEAPS & TURNS** **BROADER JAZZ VOCABULARY**

**INCREASED MUSICALITY & COORDINATION**

***WE HIGHLY RECOMMEND PAIRING THIS CLASS A BALLET OR TAP CLASS FOR IMPROVED TECHNICAL FOUNDATIONS***



**THURSDAYS**  
**3:30 - 4:30**

**AGES 13 - 18 YEARS**  
**HOME BASE STUDIO**

## ***LEVEL 4 TAP***

BUILDS RHYTHMIC ACCURACY AND COORDINATION THROUGH MORE INTRICATE FOOTWORK, PATTERNS, AND MUSICAL TIMING.

***JOIN THIS CLASS TO BUILD***

**INCREASED MUSICALITY** **BRAODER TAP VOCABULARY**

**PROGRESSIVE TAP STEPS & SEQUENCES**

***WE HIGHLY RECOMMEND PAIRING THIS CLASS WITH A BALLET OR JAZZ CLASS FOR INCREASED COORDINATION***

***INSTRUCTOR PERMISSION MAY BE REQUIRED TO JOIN CLASS***



**THURSDAYS**

**6:30 - 7:30**

**AGES 10 - 18 YEARS**  
**HOME BASE STUDIO**

## ***LEVEL 3 TAP***

BUILDS RHYTHMIC ACCURACY AND COORDINATION THROUGH MORE INTRICATE FOOTWORK, PATTERNS, AND MUSICAL TIMING.

***JOIN THIS CLASS TO BUILD***

INCREASED MUSICALITY

BRAODER TAP VOCABULARY

PROGRESSIVE TAP STEPS & SEQUENCES

***WE HIGHLY RECOMMEND PAIRING THIS CLASS WITH A BALLET OR JAZZ CLASS FOR INCREASED COORDINATION***



**THURSDAYS**

**7:15 - 8:15**

**AGES 10 - 18 YEARS**  
**STUDIO G**

## ***LEVEL 3 BALLET***

CONTINUES DEVELOPING CLASSICAL TECHNIQUE WITH A FOCUS ON STRENGTH, ALIGNMENT, AND MORE COMPLEX COMBINATIONS AT BARRE AND CENTER.

***JOIN THIS CLASS TO BUILD***

ARTISTRY & STRENGTH

INCREASE BALLET VOCABULARY

COORDINATION & MUSICALITY

***INSTRUCTOR PERMISSION MAY BE REQUIRED TO JOIN CLASS***



**THURSDAYS**

**7:30 - 8:30**

**AGES 10 - 18 YEARS**  
**HOME BASE STUDIO**

## ***OPEN TURNS & LEAPS LEVEL 3+***

EXPANDS ON THE FUNDAMENTALS OF LEAPS AND TURNS, BROADENS TECHNICAL SKILLS, COORDINATION, AND ALIGNMENT.

***JOIN THIS CLASS TO BUILD***

NEW LEAPS & TURNS

FOCUS ON TECHNIQUE

INCREASED STRENGTH & ALIGNMENT

***WE HIGHLY RECOMMEND PAIRING THIS CLASS A BALLET OR JAZZ CLASS FOR IMPROVED TECHNICAL FOUNDATIONS***



**SATURDAYS**  
**11:45 - 1:00**  
**AGES 13 - 18 YEARS**  
**HOME BASE STUDIO**

## ***POINTE 1***

CLASS IS DESIGNED FOR STUDENTS WHO ARE TAKING THEIR FIRST STEPS INTO POINTE WORK, FOCUSING ON BUILDING STRENGTH, TECHNIQUE, AND PROPER ALIGNMENT.

***JOIN THIS CLASS TO BUILD***

POINTE SHOE PREPARATION

INCREASE BALLET VOCABULARY

PROPER ALIGNMENT & TECHNIQUE

***INSTRUCTOR PERMISSION MAY BE REQUIRED TO JOIN CLASS***



# FALL SESSION SEP 8 - DEC 19

Level 5 Classes (INSTRUCTOR PERMISSION REQUIRED)



**MONDAYS**

**3:00 - 4:30**

**INSTRUCTOR PERMISSION  
HOME BASE STUDIO**

## ***LEVEL 5 BALLET***

CONTINUES DEVELOPING CLASSICAL TECHNIQUE WITH A FOCUS ON STRENGTH, ALIGNMENT, AND MORE COMPLEX COMBINATIONS AT BARRE AND CENTER.

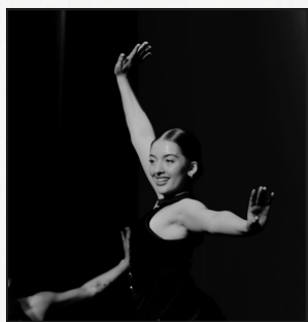
***JOIN THIS CLASS TO BUILD***

ARTISTRY & STRENGTH

INCREASE BALLET VOCABULARY

COORDINATION & MUSICALITY

***INSTRUCTOR PERMISSION REQUIRED TO JOIN CLASS***



**TUESDAYS**

**4:15 - 5:00**

**INSTRUCTOR PERMISSION  
HOME BASE STUDIO**

## ***LEVEL 5 JAZZ***

EXPANDS ON JAZZ FUNDAMENTALS WITH SHARPER TECHNIQUE, INCREASED FLEXIBILITY, AND DYNAMIC CHOREOGRAPHY THAT BUILDS PERFORMANCE SKILLS.

***JOIN THIS CLASS TO BUILD***

NEW LEAPS & TURNS

BROADER JAZZ VOCABULARY

INCREASED MUSICALITY & COORDINATION

***WE HIGHLY RECOMMEND PAIRING THIS CLASS A BALLET  
OR TAP CLASS FOR IMPROVED TECHNICAL FOUNDATIONS***

***INSTRUCTOR PERMISSION REQUIRED TO JOIN CLASS***



**WEDNESDAYS**

**7:00 - 8:00**

**INSTRUCTOR PERMISSION  
HOME BASE STUDIO**

## ***LEVEL 5 HIP-HOP***

BUILDS ON FOUNDATIONAL GROOVES AND INTRODUCES MORE COMPLEX CHOREOGRAPHY, MUSICALITY, AND PERFORMANCE QUALITY IN AN UPBEAT, HIGH-ENERGY ENVIRONMENT.

***JOIN THIS CLASS TO BUILD***

MORE ADVANCED FOOTWORK

COORDINATION & MUSICALITY

STRENGTH, FLEXIBILITY, AND BASIC BREAKING SKILLS

***INSTRUCTOR PERMISSION REQUIRED TO JOIN CLASS***



**MONDAYS**  
**8:00 - 9:00**

**AGES 13 - 18 YEARS**  
**HOME BASE STUDIO**

## ***POINTE 2***

CLASS IS DESIGNED FOR STUDENTS WHO ARE ADVANCED IN POINTE WORK, FOCUSING ON BUILDING STRENGTH, TECHNIQUE, AND PROPER ALIGNMENT.

***JOIN THIS CLASS TO BUILD***

ARTISTRY & EXPRESSION

INCREASE BALLET VOCABULARY

PROPER ALIGNMENT & TECHNIQUE

***INSTRUCTOR PERMISSION REQUIRED TO JOIN CLASS***